



2024

CCACC HEALTH CENTER
ANNUAL REPORT

泛亞醫療中心
年度報告

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ABOUT US 篇目

CCACC Health Center provides a medical home for your health care needs. We collaborate with experienced primary care providers, specialists, mental health and other healthcare professionals to provide one-stop services to ensure the best care and experience for patients and their families.



OUR MISSION

- To provide quality health services for individuals who have difficulty accessing healthcare
- To help patients maintain physical and psychological well-being through health services
- To address health disparities facing our target population
- To apply evidence-based health practices in Eastern culture and introduce it to the greater society



OUR VISION

A community health center that promotes access to health care and addresses health disparities in our community.

WORDS FROM OUR LEADERSHIP TEAM

We sincerely thank our grantors, volunteers, and donors for supporting CCACC Health Center in 2024. Your dedication and generosity enabled us to deliver essential healthcare services to over 1,500 direct users and support over 2,000 underserved community members facing barriers to care.

This year, we achieved a milestone by relocating to a new 8,150-sqft facility at 9298 Gaither Road, now offering one-stop services in primary care, rehabilitation, and mental health. With plans for a community pharmacy and dental program, we are committed to expanding our impact. Our community health programs continue to provide health education, address social determinants of health, and meet other critical needs.

Your support has transformed countless lives, helping us overcome challenges and achieve new milestones in 2024. As we continue our mission, we invite you to join us in improving healthcare access and building a healthier, stronger community.

我們衷心感謝資助者、志工和捐贈者對 CCACC 健康中心在 2024 年的支持。您的奉獻和慷慨幫助我們為超過 1500 名患者提供了基本醫療和其他醫療服務，並為 2000 多名面臨醫療障礙的弱勢社區成員提供了支持。

今年，我們實現了一項重要的里程碑——搬遷至佔地 8,150 平方英尺的新址 (9298 Gaither Road)。我們將在新址提供包括初級保健、復健和心理健康在內的一站式服務。未來，我們計劃增設社區藥局和牙科項目，進一步擴大服務範圍。我們的社區健康計畫也將持續提供健康教育、解決健康社會決定因素以及滿足其他關鍵需求。

您的支持改變了無數人的生活，幫助我們在 2024 年克服挑戰，並取得新的成就。展望未來，我們邀請您與我們攜手，改善醫療服務的可近性，共同建立一個更健康、更繁榮的社區！

KATE LU 陸惠興
CLINIC DIRECTOR
健康醫療中心主任

YAoyao ZHU 朱躍躍
MEDICAL DIRECTOR
醫療主管

MO-PING CHOW 周武屏
FOUNDING PHYSICIAN
創辦醫師

MEDICAL TEAM 醫療團隊



MEDICAL DIRECTOR
醫療主管

YAOLAO ZHU, M.D.
朱躍躍



FOUNDING PHYSICIAN
創辦醫師

MO-PING CHOW, M.D.
周武屏



ASSOCIATE MEDICAL DIRECTOR
副醫療主管

QIUFANG CHENG, M.D.
程秋芳



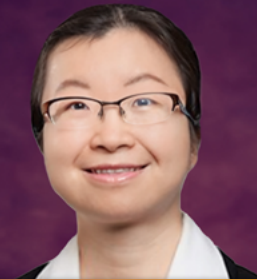
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KATE LU, LCSW-C
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LEI XU, M.D.
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MEDICAL TEAM 醫療團隊



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LING CHIN, M.D.
金玲



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FNP, PMHNP**



KE SUN, M.D.
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QI CHEN, M.D.
陳琦



JOAN LUO, M.D.
羅迅妍



ARIEL LA, SNP



CYNTHIA MACRI, M.D.

MEDICAL SERVICES 醫療服務

PRIMARY CARE

CCACC Health provides well-rounded quality primary care services to assist patients in achieving maximum health through acute medical care, preventive services, chronic disease management, and specialty care coordination and referrals.



MENTAL HEALTH



We offer psychotherapy and psychiatric care services to help community members overcome mental health challenges. Our dedicated team of professionals will work with you to create an individualized treatment plan to meet your needs based on your symptoms and goals.

REHABILITATION

Our licensed physical therapist, occupational therapist, and acupuncture therapist help patients maintain physical functions and improve their quality of life through therapeutic services and behavioral interventions.



COMMUNITY HEALTH PROGRAMS

社區健康項目

MENTAL HEALTH 360° PROJECT

Since 2024

The CCACC Mental Health 360° Project is a comprehensive initiative designed to meet the mental health and substance abuse prevention needs of the Asian American community. This initiative focuses on raising awareness, providing culturally competent services, and creating a resource-sharing platform. It also addresses the stigma associated with seeking mental health services.

2024 Achievement

- 135 Patients Served
- 642 Screened
- 3 Youth Mental Health First Aid Training (1 in Chinese)



Funding Support



AAPI HEALTH BRIDGES PROJECT

Since 2024



Funding Support
since FY2024



Provides comprehensive services to community members who face barriers to accessing quality healthcare due to social determinants of health (SDOH). Social determinants of health refer to a range of social, economic, and environmental factors that affect an individual's health, such as education level, living conditions, and economic status.

2024 Achievement

- 1280 Enrollees
- 1403 Individuals Completed the Social Needs Assessment

COMMUNITY HEALTH PROGRAMS

社區健康項目

STOP B PROJECT

Since 2011

The Screening, Treatment, Outreach, and Prevention for Hepatitis B (STOP B) Project offers free services to combat Hepatitis B, a disease that infects 1 in 10 Asian Americans.

Our Services

- Hepatitis B screenings
- 3-shot vaccine course
- Low-cost treatment
- Outreach and education



2024 Achievement

- 454 Screened
- 196 Shots Administered

Funding Support
since FY2011



PREVENTION FOR ALL

Since 2003



This program helps promote disease awareness and prevention by providing preventive services, including immunizations, cancer screening, and wellness checks, to those who lack access to services due to low income, insurance status, health literacy, etc.

2024 Achievement

- 300+ Attended Health Fair
- 100+ Uninsured Received Free Labs
- 250+ Flu Shots
- 12 Preventive Health Talks
- 3 Chronic Disease Management Workshops

Funding Support



COMMUNITY HEALTH PROGRAMS

社區健康項目

WELLNESS WITHOUT WALLS

Since 2024

The Healthcare 360 Program - Wellness Without Walls aims to improve the health outcomes of the Asian Immigrant populations in Montgomery County. With the funding support, we hope to extend the services to other AAPI populations besides new Chinese immigrants.

2024 Achievement

- 174 Patients
- 323 Encounters
- 94% of Patients have Reduction in Blood Pressure Reading
- 90% of Enrollees have Reduction in Depression Screening Score



Funding Support



BENEFITS ENROLLMENT CENTER

Since 2013



Since 2013, we have offered free counseling services on health and health-related resources for community members who have barriers to accessing services. Benefit enrollment assistance services include information on Medicaid, Medicare Saving Plans, food stamps, low-income prescription assistance, housing and transportation subsidies, and more.

2024 Achievement

- 983 Encounters

Funding Support



COMMUNITY HEALTH PROGRAMS

社區健康項目

AAPI HEALTHCARE 360

Since 2024

We will continue to expand services to provide linguistically accessible and culturally appropriate services to the AAPI community to improve and enhance access to health or social support services. The clinic provides essential health services, including physical and mental health services to underserved AAPI community members.

2024 Achievement

- 274 Health Talk Participants
- 3 Chronic Disease Self-Management Workshops
- 92 Participants for Youth Mental Health First Aid (YMHFA) and Overdose Response Program (ORP)



Funding Support



PEARLS PROGRAM

Since 2020



Partnering with the Maryland Living Well Center of Excellence, PEARLS (Program to Encourage Active and Rewarding LiveS) is a one-on-one evidence-based program designed to reduce depression in physically impaired and socially isolated adult individuals. This program is offered in 6-8 sessions over 19 weeks by a certified PEARLS Counselor.

2024 Achievement

- 31 Seniors Received Counseling Services

Funding Support
since FY2021



COMMUNITY HEALTH PROGRAMS

社區健康項目

PROMISE PROGRAM

Since 2024

The Program for Meaningful Interaction and Social Engagement (PROMISE) is a joint effort between the University of Maryland, CAPA-MC, and community professional volunteers. It is designed to help children with special needs. The program consists of activities to improve children's skills - emotion regulation, sportsmanship, interpersonal, conversation, and friendship skills.

2024 Achievement

- 12 Support Groups for Families with Disabilities
- 20+ Families with Special Needs Children Attended PROMISE Camp (received free 6-week weekend respite camp services)



Funding Support



OVERDOSE RESPONSE PROGRAM

Since 2023



CCACC is certified as an Overdose Response Program (ORP) by the Maryland Department of Health and is authorized to conduct naloxone training and dispense naloxone. The effort is led by Dr. Yang Veronica Pei and a team of volunteers from local universities and high schools.

2024 Achievement

- 7 Training Sessions
- 392 Attendees
- 972 Narcan Kits Delivered
- 200+ MCPS Nurse Room Staff Trained

Funding Support



HIGHLIGHTS 亮點



HRSA GRANT - NEW CENTER

December 2024

Our clinic proudly relocated to a new, expanded center, thanks to a generous \$1 million grant from the Health Resources and Services Administration (HRSA). This funding allowed us to expand our services and better meet the healthcare needs of our community.

CHARITY GOLF CUP

June 17, 2024

CCACC Health Center and our generous sponsors enjoyed an incredible day of golf, friendship, and community. We are grateful for the support that enabled us to expand CCACC Health's services and reach more people.



CHARITY PICKLEBALL CUP

June 1, 2024

CCACC Health Center held a successful Charity Pickleball Tournament, raising funds for the PROMISE Program to support children with developmental disabilities. The event fostered community unity and love, showcasing the collective effort to create a brighter future.

HIGHLIGHTS 亮點



PRESENTING MH 360 AT SSPC

April 18, 2024

Dr. Yao-Yao Zhu, Dr. Xiaoping Shao and Kate Lu shared their “Comprehensive Mental Health” program at the Society for Study of Psychiatry and Culture’s (SSPC) annual conference in Toronto. The presentation attracted attention and emphasized the importance of public collaboration and the need for high-quality research and service programs for Asian mental health.

VIRAL HEPATITIS SUMMIT

July 19, 2024

Dr. Mark Li, Dr. Mo-Ping Chow, and Ms. Huixing Lu delivered a compelling presentation on overcoming provider challenges in HBV screening and treatment. Their advocacy focused on addressing health disparities in Hepatitis B among Asian Americans, emphasizing the need for equitable and inclusive healthcare solutions within this community.



WHITE HOUSE INITIATIVE

July 24, 2024

The Biden-Harris Administration brought together experts, community leaders, and federal officials for an AA & NHPI Mental Health Convening. Kate Lu was invited as a representative to voice concerns about AAPI mental health issues. This event focused on enhancing equity and access to behavioral health care, highlighting the importance of addressing health disparities and promoting inclusive healthcare solutions.

HIGHLIGHTS 亮點



SRI LANKAN COMMUNITY HEALTH FAIR

May 18, 2024

The Pan Asian Volunteer Health Clinic (PAVHC) and the Sri Lanka American Society for Health (SLASH) collaborated to provide free preventive blood tests for 79 uninsured or underinsured Sri Lankan residents of Montgomery County. The event aimed to raise community health awareness and offer essential medical services, highlighting the importance of community collaboration in improving public health.

ANNUAL HEALTH FAIR

September 28, 2024

The 2024 CCACC Health Fair was a big success! With 27 community organizations and agencies participating, and volunteer doctors from various fields offering free health consultations, the event provided invaluable resources and services to empower our community to live healthier lives.



ALL OF US

August 20-23, 2024

The All of Us Research Program's mobile bus visited CCACC. The program aims to accelerate health research and medical breakthroughs by gathering diverse health and lifestyle information. Through this event, we had 60 community members join the study, excited to help researchers improve future generations' health.

CCACC IN THE COMMUNITY

社區參與



CCACC Health Clinic received proclamation from Montgomery County Council on our contribution to public health



Councilmember Balcombe Visiting the Center



Montgomery County's Health Officer Dr. Kisha Davis Visiting the Clinic



Back to School Health Fair at Epworth Church



Mental Health Professionals Networking



ORP Training to 280 MCPS School Health Staff



Youth Mental Health First Aid Training

PICKLEBALL CUP

JUNE 1



GOLF CUP

JUNE 17



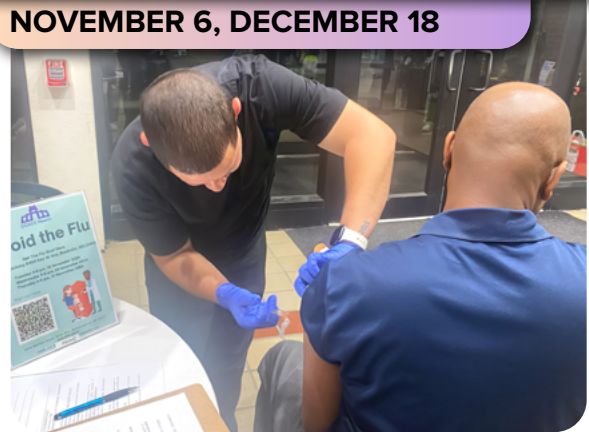
ANNUAL HEALTH FAIR

SEPTEMBER 28



VACCINE CLINIC

NOVEMBER 6, DECEMBER 18



NEW CENTER OPEN HOUSE

DECEMBER 10



HOLIDAY TENNIS MEET

DECEMBER 26



STATISTICS 數據

Our Services 服務項目



Total Visits: 6509

Primary Care 56%

Primary Care Visits: 3380

Preventive Services 14%

COVID Vaccine: 96

Flu & Other Vaccinations: 715

Specialty Care 1%

Specialty Care Visits: 35

Behavioral/Mental Health 9%

Psychiatric Visits: 30

Psychotherapy Visits: 428

PEARLs Session Visits: 148

Rehabilitation Services Therapy 20%

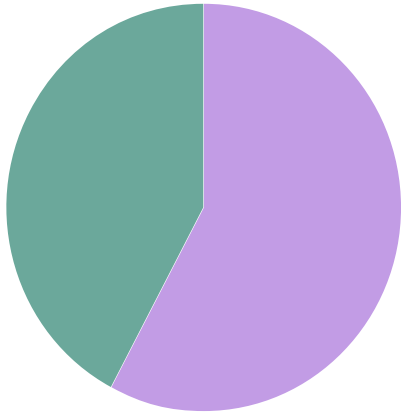
Physical Therapy Visits: 422

Occupational Therapy Visits: 741

Acupuncture Visits: 29

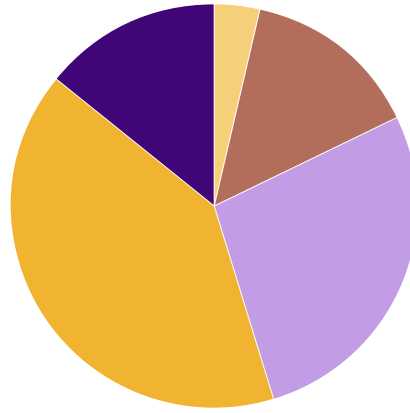
STATISTICS 數據

Patient Background 病人



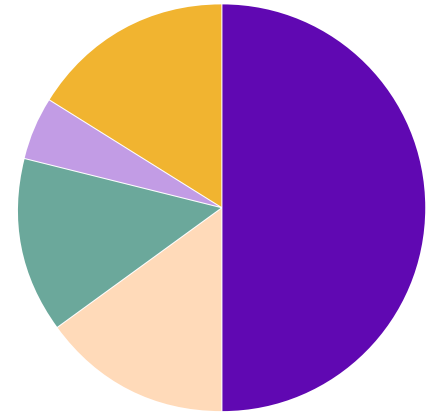
Patient Gender

- Female 58%
- Male 42%



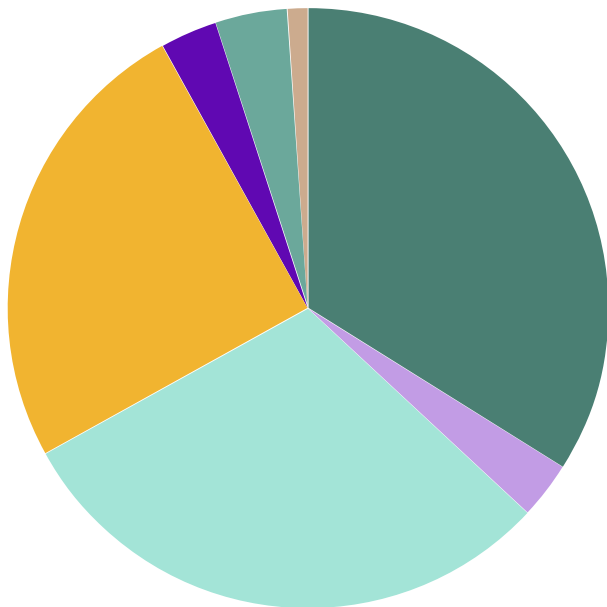
Patient Age

- 17 and under 4%
- 18-39 14%
- 40-59 28%
- 60-79 40%
- 80 and over 14%



Patient Language

- Chinese 50%
- English 15%
- Spanish 14%
- Korean 5%
- Other 16%



Patient Insurance

- Medicare 34%
- Medicaid 3%
- Montgomery Cares Program 30%
- Commercial 25%
- Self-Paid 3%
- Grant Support 4%
- Unbillable 1%

FUTURE GOALS 展望未來



PHARMACY

We plan to introduce a pharmacy in our new center, expanding our pharmaceutical services with a larger space for more medications. This will help us provide comprehensive care to our patients.



DENTAL SERVICES

With the opening of our new center, we're working on including dental care in our range of services. We're dedicating several rooms to become dental offices and are seeking dedicated dental professionals to join our team. This initiative is a key step in our commitment to providing comprehensive health services to our community.

INSPIRING STORIES 見證



“ CCACC Health Center, all doctors, all associates, all people very warmly help all patients, so I like it here. Dr. Jihyun Do is very nice person, very nice doctor, she takes care of me a lot. And I’m so happy to come here. Thank you.

CCACC HEALTH PATIENT
健康醫療中心病患

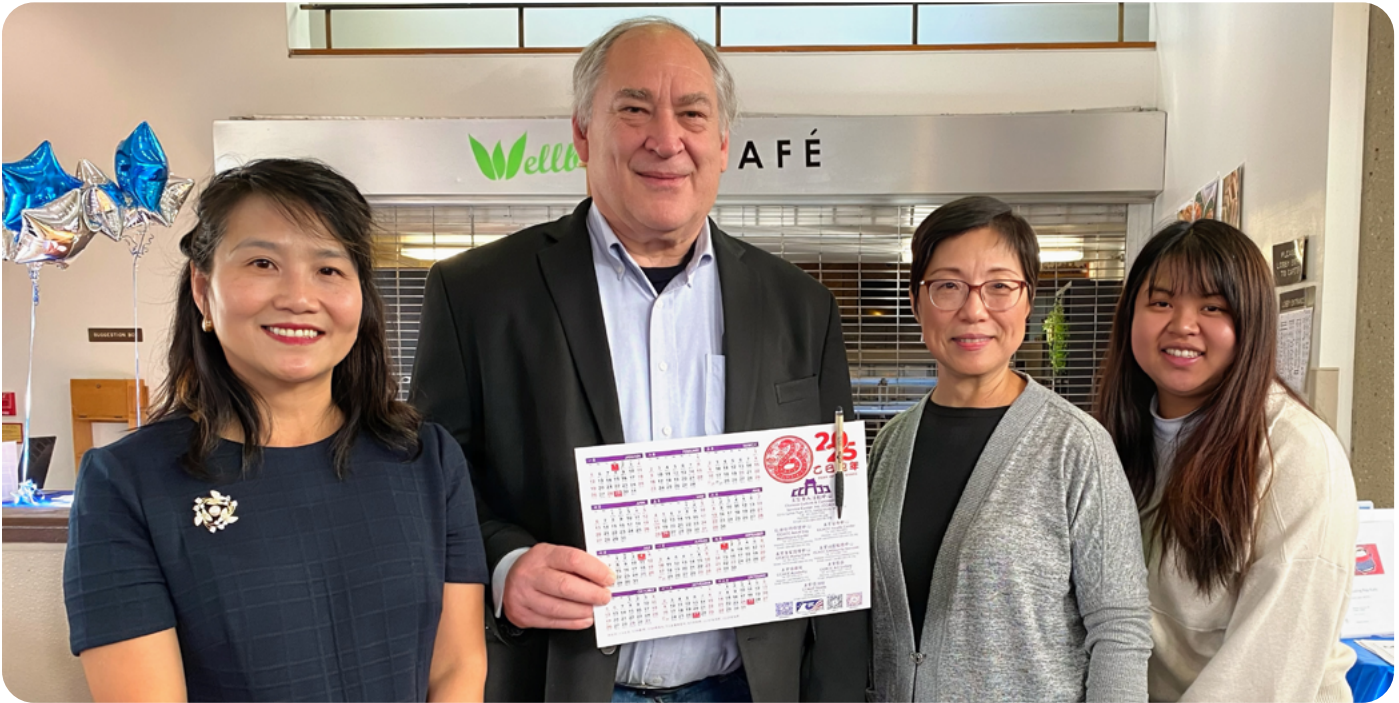
“ You come to the right place. The service here is fantastic.



CCACC HEALTH PATIENT
健康醫療中心病患

THANK YOU 誠摯感謝

Grantors 贊助者



- Asian American Health Initiative (AAHI)
- City of Rockville
- City of Gaithersburg
- Healthcare Initiative Foundation (HIF)
- Health Resources & Service Administration (HRSA)
- Maryland Community Health Resources Community (CHRC)
- Maryland Department of Health (MDH)
- Montgomery County Government
- National Council of Aging

THANK YOU 誠摯感謝

Community Partners 合作夥伴



- Association for Chinese American Physician - Mid-Atlantic Chapter (ACAP-MAC)
- Asian American Center of Frederick (AACF)
- Asian American Community Services, Inc. (AACS)
- Asian American Inter Community Service (AICS)
- Chinese American Community Health Service (CACHS)
- Chinese American Parents Association - Montgomery County (CAPA-MC)
- George Mason University, Dept of Health Administration and Policy
- George Washington University, School of Counseling
- Hepatitis B Initiative of Washington DC (HBI-DC)
- Korean Community Service Center (KCSC)
- LabCorp
- Maryland Living Well Center of Excellence
- Primary Care Coalition (PCC)
- University of Maryland, School of Psychology
- University of Maryland, School of Social Work

THANK YOU 誠摯感謝

Our Volunteers 義工團隊



THANK YOU 誠摯感謝

Our Donors 愛心捐款者



Charity Golf Cup

Healthcare for All - Title Sponsors

- Steward Partners Global Advisory (Ted Schwab)
- 355 Code (Tim Yang)

PAVHC Sponsors

- CareFirst BlueCross BlueShield

Mental Health 360 Sponsors

- T and T Consulting Services
- Financial Training, Inc. (Rocky Shi)

STOP B Project Sponsors

- Soo Love, LLC (Gina Chen)

PEARLS Program Sponsors

- Vital Care Pharmacy Inc.

Gift Sponsors

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- 4imprint
- MGM National Harbor
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- Yaoyao Zhu
- Huixing Lu
- Li-Fang Liu
- Xiaoping Shao

Donors

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- Back Swing
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- Yuchi Huang
- Jim Green
- Phil Zen
- Knockout Ventures LLC (Vincent Ko)
- Yeh-Fong Chen
- Charles Chen

Pickleball Cup

Platinum Sponsor

- The Cabalu Group of Wells Fargo Advisors

Gold Sponsor

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Bronze Sponsors

- T and T Consulting Services/HighThrive Foundation
- Dr. Mo-Ping Chow
- Dr. Yaoyao Zhu
- ITAT Corporation
- Alven Lam

Goods Sponsor

- MGM National Harbor
- Paris Baguette

Teams

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- The Pans: Shengting Pan & Brandon Pan
- Lee & Guss: Jing Lee & Edward Guss
- Jianguo HS 1: Steve Chen & Phil Wang
- Jianguo HS 2: Steve Liu & Jenny Liu
- Jianguo HS 3: Yeong Liou & Jeremy Yang
- Jianguo HS 4: Paul Chang & Qiang Ma
- Jianguo HS 5: William Hu & Peter Shi
- Jianguo HS 6: Shin Tsun Fang & Nancy Duan
- CCACC BOD: Jane Yang & Roger Xu/Henry
- Babyblue Boyz: Christopher Chen & Enzo Wu & Lorraine: Tong Wu & Lisa Lorraine
- Yaoyao Zhu & Jonathan Liu
- YiCian: Jessie Lin & Kaiyi Zhang
- CCACC Sports: Chih-Hsiang Li & Phil Zen
- Chu Wang & Runkun Gao
- Tiger: Clousky & Bo Li
- Terry Hsiao & Hugh Zhu

Donors

- Avery Wan
- Yuchi Huang
- Monica Kuo
- Shengting Pan
- Paule Joseph
- MGM National Harbor Hotel & Casino



THANK YOU 誠摯感謝

Our Donors 愛心捐款者



New Center

Donors

- Huchen Foundation
- Calvin J Li Memorial Foundation
- Paul Li
- Julia Yang and Bruce She
- Johnathan Liu
- Dr. Yao-Yao Zhu and Dr. Liu



Holiday Tennis Meet

Donors

- Phil Zen
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- Suhua Wang
- Jing Xie
- TianYan Huang
- Pamela DavisGhavami
- Tingting Liu
- Mo-Ping Chow & Tai-Hui Chow
- Ke Zhou
- Yuxia Jia & Zongyu Zheng
- Jiqing Ling, Yifang Luo



SUPPORT US IN 2025

請繼續支持我們

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DONATE



VOLUNTEER

